

# Identifying the relationship between chronic conditions and their relationship to delayed food sensitivities.

CHRONIC SYMPTOM	FREQUENCY	CHRONIC SYMPTOM	FREQUENCY
(IBS) Irritable bowel syndrome	ALWAYS	Eczema	ALWAYS
GERD, Gastro esophageal reflux, Acid Reflux/Heartburn	ALWAYS	Dermatitis due to foods	ALWAYS
Crohn's Disease	ALWAYS	Rash or hives	ALWAYS
Allergic gastroenteritis	ALWAYS	Allergic urticria	ALWAYS
Colitis	ALWAYS	Dry or itchy skin	FREQUENTLY
Frequent cramps, gas or bloating	ALWAYS	Acne, teenage and adult	FREQUENTLY
Constipation	ALWAYS	Acne Rosacea, red nose	ALWAYS
Diarrhea	ALWAYS		
Hyperacidity	ALWAYS	Post nasal drip, thick	ALWAYS
Gastritis	ALWAYS	"Sinus trouble"	FREQUENTLY
		Nasal or sinus polyps	ALWAYS
Migraine headaches	ALWAYS	Chronic stuffy nose	USUALLY
Tension or sinus headaches	FREQUENTLY	Frequent sore throat	FREQUENTLY
Cluster headaches	ALWAYS	Frequently clears throat	FREQUENTLY
Frequent headaches	ALWAYS	Canker sores in mouth	ALWAYS
Insomnia or sleep apnea	ALWAYS	Chronic sinusitis	ALWAYS
Chronic fatigue syndrome	ALWAYS	Metallic taste in mouth	FREQUENTLY
Fatigue after meals	ALWAYS	Halitosis - bad breath	ALWAYS
Autism - ASD	ALWAYS	Hoarseness, intermittent	FREQUENTLY
ADD - Attention Deficit Disorder	ALWAYS	Sneezing attacks	FREQUENTLY
ADHD	ALWAYS	Meniere's disease	FREQUENTLY
Learning disability	ALWAYS		
Tourette's syndrome	FREQUENTLY	Arthritis, degenerative	ALWAYS
Behavior problems in children	FREQUENTLY	Rheumatoid arthritis	FREQUENTLY
Impatient - quick temper	FREQUENTLY	Rheumatoid factor negative arthritis	FREQUENTLY
Anxiety or irritability	FREQUENTLY	Muscle or bone pain, migratory	FREQUENTLY
Inability to focus - mental confusion	FREQUENTLY	"Growing pains"	ALWAYS
Short attention span	FREQUENTLY	Fibromyalgia	FREQUENTLY
Depression	FREQUENTLY	Tendonitis, migratory	FREQUENTLY
		Osteoarthritis, generalized	FREQUENTLY
Chronic cough	FREQUENTLY	Degenerative joint disease	FREQUENTLY
Tightness in chest	FREQUENTLY		
Asthma, intrinsic	FREQUENTLY	Hypoglycemia, low blood sugar	FREQUENTLY
Asthma, allergic bronchitis	FREQUENTLY	Hyperglycemia, high blood sugar	FREQUENTLY
Bronchitis, chronic	FREQUENTLY	Thyroid, low (cold feet)	FREQUENTLY
		Weight gain -no diet works	ALWAYS
Rapid or irregular heartbeat	FREQUENTLY		
Prolapsed mitral valve syndrome (in healthy people)	ALWAYS	Bed wetting in children	FREQUENTLY
Edema of extremities	FREQUENTLY	Vaginal itching or discharge	ALWAYS
High blood pressure	FREQUENTLY	Yeast infections, chronic	FREQUENTLY
		PMS, fluid retention, irritability, severe cramps	FREQUENTLY