

ICD-9 CODES ASSOCIATED WITH FOOD SENSITIVITIES

These codes should correlate with those found on the patient symptom sheet and the symptom guide for identifying patients with food sensitivities. The following list may be incomplete and may change over time. It may be necessary to refer to a current and complete ICD9 code book.

Musculoskeletal

- ____ 714.0 Rheumatoid arthritis, chronic
- ____ 715.0 Osteoarthritis, generalized, unspecified
- ____ 715.09 Degenerative joint disease-many sites
- ____ 716.20 Arthritis, allergic, site unspecified
- ____ 719.49 Pain in joint, multiple sites
- ____ 726.90 Tendonitis, NOS, migratory
- ____ 729.1 Myalgia, myositis unspecified

Ear, Nose & Throat

- ____ 381.10 Chronic serous otitis media
- ____ 381.20 Chronic mucoid otitis media (glue ear)
- ____ 381.81 Dysfunction of eustachian tube (fluid in ear)
- ____ 471.8 Sinus polyps-NO
- ____ 471.0 Nasal polyps
- ____ 473.9 Chronic sinusitis, unspecified
- ____ 477.1 Allergic rhinitis due to food
- ____ 528.2 Canker sores in mouth
- ____ 780.4 Dizziness
- ____ 995.3 Allergy, unspecified
- ____ 995.7 Adverse food reaction, not elsewhere classified

Gastrointestinal

- ____ 530.81 Esophageal reflux
- ____ 535.40 Gastritis: allergic, irritant
- ____ 536.8 Dyspepsia (heartburn)
- ____ 787.03 Vomiting
- ____ 555.9 Crohn's Disease
- ____ 558.3 Allergic gastroenteritis and colitis
- ____ 564.00 Constipation
- ____ 564.1 Irritable bowel syndrome
- ____ 564.5 Diarrhea - functional
- ____ 556.9 Ulcerative colitis
- ____ 787.1 Heartburn
- ____ 787.3 Bloating, flatulence and gas pain
- ____ 787.91 Diarrhea NOS

Cardiovascular

- ____ 785.0 Tachycardia
- ____ 424.0 Prolapsed mitral valve syndrome in healthy people
- ____ 782.3 Edema
- ____ 401.9 High blood pressure, especially in the young

Chest

- ____ 786.2 Chronic cough
- ____ 493.10 Asthma, intrinsic
- ____ 493.90 Asthma, allergic unspecified
- ____ 491.0 Bronchitis, chronic

Endocrine

- ____ 251.2 Hypoglycemia, low blood sugar
- ____ 790.6 Hyperglycemia, high blood sugar
- ____ 244.9 Thyroid, low (cold feet)
- ____ 278.00 Weight gain -no diet works

Genitourinary

- ____ 595.1 Interstitial cystitis, chronic
- ____ 788.36 Enuresis (bed wetting) in children
- ____ 616.10 Vaginal itching or discharge
- ____ 112.1 Yeast infections, chronic
- ____ 625.4 PMS, fluid retention, irritability, severe cramps

Dermatologic

- ____ 691.8 Intrinsic eczema, atopic dermatitis
- ____ 693.1 Dermatitis, due to foods taken internally
- ____ 695.3 Acne Rosacea, red nose or face
- ____ 696.1 Psoriasis
- ____ 708.0 Allergic urticaria
- ____ 708.1 Urticaria, idiopathic
- ____ 708.8 Urticaria dry or itchy skin

Neurologic

- ____ 346.00 Migraine headaches
- ____ 346.10 Migraine headaches – common
- ____ 346.2 Cluster headaches
- ____ 307.81 Tension headaches
- ____ 784.0 Headaches, general
- ____ 311 Depression
- ____ 780.71 Chronic fatigue syndrome
- ____ 300.00 Anxiety or irritability
- ____ 314.01 ADD w/hyperactivity
- ____ 315.00 Learning disability, reading
- ____ 315.1 Learning disability, math
- ____ V15.05 History of food allergic reaction to food
- ____ V77.99 Other and unspecified screening for endocrine, nutritional, metabolic, and immunity disorder (Tricare)

This is simply a sample of ICD-9 codes, but it is the healthcare professional's responsibility to determine the proper diagnosis.